



Lash Lift Prep, Expectations & Aftercare

Prepare:

- Arrive without any eye makeup on - think squeaky clean lashes.
- Have your contacts removed if applicable.
- Be sure to discontinue the use of eyelash growth serum at least 2 days prior to your appt.
- Discontinue the use of waterproof mascara WEEKS prior to appt - that stuff never comes off!
- Be sure you've had your lash extensions removed at least a month prior to getting a lash lift.
- Look over and understand the contraindications prior to your appt to be sure you are a good candidate for a lash lift.

Aftercare:

- Within the first 24 hours - Do not get your lashes wet, avoiding heat and steam.
- Do not apply mascara.
- Do not touch or rub your lashes.
- Do not use lash growth serum, creams, or oils.
- Avoid sleeping on your face.
- Begin using your Elleeplex keratin lash gel (Morning or night, or both).
- You can also opt for the Elleevate Keratin black mascara for daily wear
- After 24 hours, you may resume normal skincare routine.
- Do try to stay away from heavy oils as they may weigh your lashes down.



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Expectations:

- You lose 1-5 lashes a day - your lashes do NOT look the same for the entirety of the lift
- Your lifted lashes will shed, and new, straight lashes will grow in, gradually changing the shape of your lift.
- Your lash lift may not last as long every time you get them done - depends on where you are in your lash growth cycle - generally anywhere between 6-8, up to 12 weeks.
- If you have a lot of new lashes growing in, your lift will grow out quickly.
- If you use a growth serum, do NOT use it everyday - use 2-3 times weekly for maintenance ONLY!
- If you use a lash growth serum - do not just stop cold turkey, you will shed a lot.
- If you use a lash growth serum, do NOT use it everyday - your lift will grow out quickly and Messy. Understand that you will have a couple weeks of lifted and straight lashes mixed together.
- If you must use a lash curler to make applying mascara easier during this time, do it carefully.
- You cannot get your lashes lifted as soon as you notice they are not perfectly lifted anymore - this is a chemical service and you need to preserve the integrity of your lashes.
- Allow at least 6-8 weeks between appointments.

Call MM Beauty at 916-520-9310 or email morganmerrillbeauty@gmail.com with any questions or concerns!