



Spray Tan Prep & Aftercare

Prepare:

- Shower, shave and exfoliate before the application. Shaving and waxing is recommended 8-24 hours before your appointment.
- Do not use exfoliates containing oils. Using exfoliating gloves work best. You can find these at your local store or bath shop. Baking soda works well too. Work into a paste and scrub. Pay attention to rough skin areas like knees, elbows, ankles and the tops of your feet.
- Try to avoid bar soaps before or after tan as it can dry out the skin faster and therefore the tan fades quicker.
- Do not apply lotions, perfumes, or deodorants before tanning.
- Face make-up should be removed as well (eye make-up is OK). These act as barriers and affect the depth of the tan.
- You can choose to tan in the buff, a dark swimsuit or undergarment, or we can provide disposable bikinis and bras for women and shorts for men.
- Do not wear wool, nylon, lycra, spandex, leather, suede or silk fabrics during the treatment. Have dark, loose fitting clothing and flip flops to wear afterwards. We recommend not to wear tight clothing (no bras!) until after your first shower, but if you must, wait AT LEAST 4 hours. Tight clothing will rub on your tan, causing it to develop unevenly.



Lash Lift Prep & Aftercare

Aftercare:

- Once your tan is applied, you must allow it to dry completely. Do not touch your skin while drying.
- Do not wet your skin, moisturize or take a shower for at least 8 hours or more. The longer the solution has to react with your skin, the better.
- Avoid exercising or perspiring as this may cause your tan to streak until the first shower. Use a towel for leather and light colored seats on warm days and an umbrella for rainy days.
- When showering, wash with a mild shower gel and use a mesh shower puff lightly. Don't be concerned if some color washes off. This is normal. It is the initial bronzing agent which won't affect the color of your tan.
- Always PAT DRY with a towel and don't rub skin dry.
- Moisturize twice or more daily with alcohol free lotion. Hydrated skin makes your tan last longer. Alcohol-based products are drying to the skin and will make your tan fade more quickly.
- Avoid exfoliating and any hair removal creams or bleaching products. Avoid long, hot showers/baths, hot tubs, pools and oceans. If so, use waterproof sunscreen to seal it in.